



Braveheart's BIG FIT WALK

Thursday 25th June

7-8pm

The Helix Park- Meeting at the Falkirk
Stadium Car Park

“Take part in the biggest health walk of the year this summer. The Big Fit Walk is now in its twelfth year and in 2015 we're inviting everyone to organise their own local walk. Show off your local area and invite as many buddies as you can to come along”

Exciting News...

Braveheart is holding their very own evening
BIG FIT WALK

Everyone welcome

Bring a friend or family member...or a few!

No need to sign up, just turn up

We look forward to seeing you all there!

Braveheart
For healthy lives